



Epi Life Coach

Detox Holiday Programs



Escape the stresses of everyday life with
Epi Life Coach & Partners Retreats



Epi Life Coach

3 DAYS DETOX PACKAGE

Package includes:

Daily Programs:

- Initial In-depth Detox Consultation with Bio Impedance Analysis
- Unlimited Yoga class & group meditation sessions
- 1 x Arrival Day Welcome Dinner
- 2 x Colon Hydrotherapy sessions
- 1 x 60 min Manual Lymphatic Drainage Massage Therapy
- 1 x 30 min FAR infrared Sauna Treatment
- 1 x 30 min Magnesium Foot Soak
- 1 x 60 min Absolute Thai Stretch Massage
- 1 x 60 min Oil Massage (Swedish or Aroma)
- 2 x Detox Drinks per day
- 2 x Good Green Stuff shots per day
- 2 x Detox Meals a day
- 2 x Liver Flush Drinks (1 before & 1 after the program)
- 1 x Coconut Juice per day
- 1 x Group Pilates Reformer/Core Suspend class
- Unlimited broth soups per day
- Unlimited access to Group Fitness classes
- Final Detox consultation with take-home guidelines
- Pool, Steam Room & Fitness Studio Access
- Roundtrip Airport transfers
- 10% Discount on all Spa, Detox, Ala carte treatments & Yoga, Pilates classes
- 4 nights accommodation



Epi Life Coach

3 DAYS DETOX PACKAGES PRICE LIST

LOW SEASON (1 NOV- 26 DEC'16, 1 MAY - 31 JULY'17, 1-31 OCT' 17)	Single THB	Double THB
SANCTUARY SUPERIOR	46,900	77,400
SANCTUARY DELUXE	51,700	82,200
SANCTUARY SUITE	55,700	86,200
HIGH SEASON (8 JAN - 30 APR'17, 1 AUG - 30 SEP '17)	Single THB	Double THB
SANCTUARY SUPERIOR	50,500	81,000
SANCTUARY DELUXE	54,900	85,400
SANCTUARY SUITE	58,900	89,400
PEAK SEASON (27 DEC'16 - 7 JAN'17)	Single THB	Double THB
SANCTUARY SUPERIOR	57,500	91,000
SANCTUARY DELUXE	61,900	95,400
SANCTUARY SUITE	69,900	103,400

Terms & Conditions:

- All prices are nett
- All packages are non-refundable & non-transferable
- All packages are to be settled in Thai Baht.
- All treatments are strictly non exchangeable
- Package inclusions subject to change without prior notice at resort's discretion.



Epi Life Coach

5 DAYS DETOX PACKAGE

Package includes:

Daily Programs:

- Initial in-depth Detox consultation with Bio Impedance Analysis
- Unlimited Yoga class & group meditation sessions
- 1 x Arrival Day Welcome Dinner
- 3 x Colon Hydrotherapy
- 2x 60 min Manual Lymphatic Drainage Massage Therapy
- 2x 30 min FAR Infrared Sauna Session
- 2 x 30 min Magnesium Foot Soak
- 1x 60 min Absolute Thai Stretch
- 1 x 60 min Choice of Oil massage (Swedish or Aroma)
- 1 x 60 min Absolute Foot Sanctuary
- 2 x Detox Drinks per day
- 2 x Liver Flush Drinks (1 before & 1 after the program)
- 1 x Coconut Juice per day
- 1 x Group Pilates Reformer/Core Suspend class
- Unlimited Broth Soups per day
- Pool, Steam room & Fitness Studio access
- Unlimited access to Group Fitness classes
- Final detox consultation with take-home guidelines
- 10% Discount on all Spa, Detox, Ala carte treatments & Yoga, Pilates classes
- Round trip airport transfers
- 6 nights accommodation



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5 DAYS DETOX PACKAGES PRICE LIST

LOW SEASON (1 NOV- 26 DEC'16, 1 MAY - 31 JULY'17, 1-31 OCT' 17)	Single THB	Double THB
SANCTUARY SUPERIOR	63,600	102,600
SANCTUARY DELUXE	70,800	109,800
SANCTUARY SUITE	76,800	115,800
HIGH SEASON (8 JAN - 30 APR'17, 1 AUG - 30 SEP '17)	Single THB	Double THB
SANCTUARY SUPERIOR	69,000	108,000
SANCTUARY DELUXE	75,600	114,600
SANCTUARY SUITE	81,600	120,600
PEAK SEASON (27 DEC'16 - 7 JAN'17)	Single THB	Double THB
SANCTUARY SUPERIOR	78,600	121,200
SANCTUARY DELUXE	85,200	127,800
SANCTUARY SUITE	97,200	139,800

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Epi Life Coach

7 DAYS DETOX PACKAGE

Package includes:

Daily Programs:

- Initial In-depth Detox Consultation with Bio Impedance Analysis
- Unlimited Yoga class & group meditation sessions
- 1 x Arrival Day Welcome Dinner
- 4 x Colon Hydrotherapy Session
- 3 x 60 min Manual Lymphatic Drainage Massage Therapy
- 3 x 30 min FAR Infrared Sauna Sessions
- 3 x 30 min Magnesium Foot Soak
- 2 x 60 min Absolute Thai Stretch Massage
- 1 x 60 min Absolute Foot Sanctuary
- 1 x 60 min Oil Massage (Swedish or Aroma)
- 2 x Detox Drinks per day
- 2 x Good Green Stuff shots per day
- 2 x Detox Meals a day
- 2 x Liver Flush Drinks (1 before & 1 after the program)
- 1 x Coconut Juice per day
- 1 x Group Pilates Reformer/Core Suspend class
- Unlimited broth soups per day
- Unlimited access to Group Fitness classes
- Final Detox consultation with take-home guidelines
- Pool, Steam Room & Fitness Studio Access
- Roundtrip Airport transfers
- 10% Discount on all Spa, Detox, Ala carte treatments & Yoga, Pilates classes
- 8 nights accommodation



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7 DAYS DETOX PACKAGES PRICE LIST

LOW SEASON (1 NOV- 26 DEC'16, 1 MAY - 31 JULY'17, 1-31 OCT' 17)	Single THB	Double THB
SANCTUARY SUPERIOR	83,800	134,800
SANCTUARY DELUXE	93,400	144,400
SANCTUARY SUITE	101,400	152,400
HIGH SEASON (8 JAN - 30 APR'17, 1 AUG - 30 SEP '17)	Single THB	Double THB
SANCTUARY SUPERIOR	91,000	142,000
SANCTUARY DELUXE	99,800	150,800
SANCTUARY SUITE	107,800	158,800
PEAK SEASON (27 DEC'16 - 7 JAN'17)	Single THB	Double THB
SANCTUARY SUPERIOR	103,500	159,000
SANCTUARY DELUXE	112,300	167,800
SANCTUARY SUITE	128,300	183,800

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